



ASHLAND OPTIMIST CLUB
Meeting Saturday Mornings @ 7:30 A.M.
Optimist Drive, Ashland, MO 65010

July 19 2025

"You cannot do all the good the world needs, but the world needs all the good you can do."

Optimist Board

Ken Bishop President
Leigh Kottwitz Past President
Tara Blue Vice President
Barrett Glascock Secretary
Heather Martin Treasurer
Bruce Glascock
Shawn Steelman
Robert Blake
Bernie Bartel
Dennis Sapp

COMING UP

The Pool Is Open!
July 26 Seth York of Bob Onder's office
[July 26 Pool GLOW Party](#)
Aug 1 Bingo
Aug 5 Election Day

**TAKE A MINUTE TO REMEMBER
THOSE WHO MADE US STRONG:**

Carroll Sapp – 1987
"Buddy" Glascock – 1988
William Burnett – 1992
Remus James – 1994
Ron Marley – 1997
Cecil Vaughn – 2001
Billy Jo Sapp – 2004
Marvin Sappington – 2004
Arcie Sapp – 2005
Kenneth Nichols – 2006
Lahmon Wren – 2007
Joe Smith - 2009
Jimmy Jo Calvin- 2009
Bob Sappington – 2010
Florence Hahn 2011
Clifford Caldwell-2013
Mel Rupard-2013
Ernest Woods—2013
John Johnson—2013
Michael Dalton--2013
Jim Moore--2016
Carl Long--2016
Don Jones-2017
Clay Austin-2017
Sharon Donley-2017
Ben Nieman- 2017
Nick Kimbler- 2018
Barbara Perry- 2018
Jacob Zagorac- 2019
Joy Woods- 2021
Steve Walsh-2021
Kristi Savage Clarke 2022
Wes Donley 2025

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Breakfast: July 26- Leigh Kottwitz, Chris Felmlee, and Loren Plank

Program- Seth York, Dr. Bob Onder's office

Ernie Wren reminded us that the Eastern Missouri District Conference Fourth Quarter meeting will be held Aug. 15-16 in Columbia. If you are interested in attending, please contact Barrett. It would be nice to have a great turnout from our club!

We hosted Bingo on July 18th, with 137 players. Much of the deposit from the floor came from the eight pull-tab games. The kitchen, though short-handed, was able to deposit \$977.

Carole Iles, Tony Ash, Dorise and Reese Slinker provided an excellent breakfast this morning, including delicious cinnamon rolls. President Ken Bishop shared that Mary Dewey, Lt. Governor for Zone One, shared that we will be recognized as an Honor Club this year. Jan Palmer let us know that Jennifer Bagwell, our incoming Eastern District Governor, three past Governors, and Mary will be joining us for breakfast on Aug. 16th. Ken also reminded us about the school supply drive that the Eastern District is doing for Coyote Hill. Please bring school supplies to the meetings over the next three weeks and we will get them to the Conference.

Jan Palmer was our speaker this morning. She has worked with the Missouri Dept. of Corrections for twenty-seven years, beginning at the Moberly Correctional Center as the regional sex offender specialist before retiring in 2011. She did two years of training for the state and five years of national training to provide treatment for sex offenders. Each offender must complete seven in-depth reports before they can graduate from treatment, which serves males and females both.

The first report is a complete autobiography, up until their arrest. This includes their history growing up, including any bullying they dealt with and initial sexual history. The second report is a case report that tells the details of the case for which they were arrested. Offenders are not allowed to have any unregistered devices, which includes smartphones. Federal agents can search for any devices if the offender is not being straightforward. The third report is a letter from the victim, sharing the impact of the offense. The fourth, and frequently the hardest, is indirect victim empathy statements, regarding four people that have been affected by the crime. These may be family members, employers, or others that have been affected. The fifth is a cycle report, listing what triggered the offense. The sixth is a relapse prevention document. The offender also needs an approved supervisor which requires someone to agree to be the offender's supervisor. This can be family or friends, but all supervisors must go through training with Jan. Their seventh document is a letter to the victim, which is never mailed, accepting guilt, called the Clarification letter.

Once they have completed all seven reports and have a supervisor during the program, they qualify for a step-down program where they only have to attend meetings every other week. Eventually they are allowed maintenance, with meetings once per month. All offenders must pay their fees to cover the cost of treatment. Often, there are places they are not allowed to be, including schools, swimming pools, and the Missouri State Fair. A safety plan is required to attend any events.

After Jan finished her information and answered questions, she drew for the attendance drawing. Bern Bonderer, Greg Hawkins, and Bryan Beal had their chance at riches, but with their absence, the pot will have the chance to grow. Speaking of Bern Bonderer, he was the feature for a story on KRCG regarding his work with the Optimist coach-pitch league which he works with. [Here is the link](#), in case you missed

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